

Name:

Daylight Saving Time (DST) Worksheet

Directions: In the United States, daylight saving time ends on the first Sunday of November. What do you know about DST? Use the information attached to complete the questions on this page.

1. On the first Sunday in November, most people in the United States change their clocks by one hour. Which way (forward or back) do they change time in November? Which way do they change their clocks in March? (2 points)
2. In the United States, daylight saving time is not observed in which states? In which state is their debate over observing it? (2 points)
3. Daylight saving time doesn't save time; it saves _____. (1 points)
4. Who first suggested the idea of daylight saving time in 1784? Who was another proponent of DST? (2 points)
5. When was daylight saving time first widely used? (1 points)
6. Write a summary of this article using 4 sentences. The one-sentence summary method will be helpful for this. (8 points)